



**CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION & PARKS**

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**CITYWIDE AQUATICS DIVISION**

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Andre Brent

**Aquatic Director**

Maha Yatem  
Carlos Espinoza

**Aquatic Facility Manager II**

Wendy Escobar



If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:

3401 Riverside Drive  
L.A., CA 90027  
(323) 906-7953

[citywide.aquatics@lacity.org](mailto:citywide.aquatics@lacity.org)

**CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION AND PARKS  
CITYWIDE AQUATICS DIVISION**



**PARK PROUD LA**

**HEY ROOKIE POOL**

3351 S. Gaffey Street  
San Pedro, CA 90731  
(310) 521-9017

**Summer 2018**

**POOL HOURS**

*\*Times subject to change without notice\**

**Open Day – June 9**

Saturday ..... 1:00 p.m. - 5:00 p.m.

**JUNE 10 – AUGUST 11**

**Recreational Swimming**

Monday – Friday ..... 12:10 p.m. - 4:00 p.m.

Saturday & Sunday ..... 1:10 p.m. - 5:00 p.m.

**Lap Swimming – Limited Lanes Available**

Friday ..... 10:00 a.m. - 12:00 p.m.

Monday –Friday ..... 7:00 p.m. – 8:00 p.m.

Saturday & Sunday ..... 12pm-1pm / 5pm-6pm

**Registration:**

**Team Sports** May 19 from 1pm - 5pm

**Swim Classes** June 9 from 1pm - 5pm



- "Swim in Los Angeles"

[www.LAPARKS.org](http://www.LAPARKS.org)

Persons with disabilities are welcome to participate in programs and classes. Reasonable accommodations will be provided upon request. To ensure availability, you are advised to make your request at least 72 hours prior to the program or class you wish to participate.

**ADMISSION FEES**

ADULTS ..... - \$3.50  
\*CHILDREN ..... (17 & Under) - \$1.00  
SENIORS ..... (65 & Up) - \$1.00  
Persons with Disabilities ..... - \$1.00

**30 ADMISSIONS**

Adult Lap Pass ..... - \$87.50

Admission Pass (Youth, Seniors, Persons w Disabilities) - \$25.00

**Youth (0 – 17yrs old) Summer Swim Pass - \$10.00 (From June 9 – September 3, Labor Day)**

\* **NOTE:** Each child under 7 yrs. old must be accompanied by an adult. The adult must be within one arm's length of the child at all times, whether on the pool deck, in the water or locker rooms.

**Children under the age of 4 must wear a Swim Diaper.**

**PUBLIC SWIMMING** – Swim suits and swim trunks with liner with the exception of board shorts providing coverage, must be worn by persons in the pool area.

All patrons must wear **proper** swimming attire in order to be allowed in the pool, **No Exceptions**. Inquire with pool clerk or lifesaving staff.

All patrons must shower before entering pool.



**SPONSORSHIPS**

**The LA84 Foundation** (a legacy of the 1984 Olympic Games) has provided a limited number of team sport sponsorships for community youth between 7 and 17 years of age. Sponsorships are issued on a first-come-first-serve basis for **NOVICE SWIMMING, DIVING, ARTISTIC SWIMMING, AND WATER POLO TEAM ONLY.**



The City of Los Angeles Department of Recreation and Parks is proud to announce a joint-partnership with Kaiser Permanente.

**Kaiser Permanente Sponsorships for Learn to Swim & Junior Lifeguard Program** available on a first come, first serve basis.

**PRIVATE & SEMI-PRIVATE LESSONS**

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

<b><u>PRIVATE LESSONS</u></b>	<b><u>SEMI-PRIVATE LESSONS ( 2 students only )</u></b>
Adult, Child, Senior, Adaptive	Adult, Child, Senior, Adaptive
1 private lesson: \$27.00, 4 private lessons = \$108.00	\$20.00 per lesson per student x 2 students = \$40.00 4 lessons = \$160.00

# NOVICE TEAM SPORTS

Designed for entry-level competitors. Proof of age required. Age verification must be completed before the first meet, or the participant will not be allowed to compete. Participants compete in a Department-sponsored Swimming league. Participants must demonstrate an intermediate level swimming competency. All meet times and locations will be announced

**Registration: \$50.00 for one team, \$45.00 for additional team**

A team sport awards banquet is scheduled for the last week of summer. Athletes who compete in two or more meets and/or sports will receive a combined participation award. *Participant must attend practices in order to compete.*

## ARTISTIC SWIMMING TEAM

Length of Season ..... June 18 – August 10  
 Workouts ..... Monday - Friday, 3:30 p.m. – 5:00 p.m.  
 Age ..... 7- 17

## WATER POLO TEAM

Length of Season ..... June 18 – August 10  
 Workouts ..... Monday - Friday, 5:00 p.m. – 6:00 p.m.  
 Age ..... 7- 17

## SWIMMING TEAM

Length of Season ..... June 18 – August 10  
 Workouts ..... Monday - Friday, 6:00 p.m. – 7:00 p.m.  
 Age ..... 7- 17

**\*Swim team members must attend a minimum of 2 workouts per week to compete in swim meets**

## WATER AEROBICS

Monday/Wednesday/Friday ..... 10:00 a.m. – 11:00 a.m.  
 Saturdays ..... 11:00 a.m. – 12:00 p.m.

## JUNIOR LIFEGUARD PROGRAM - \$40.00

Program meets Monday – Friday ..... 3:00 – 4:00pm

**Program begins June 22<sup>nd</sup>.** The Junior Guard program allows youths between **10-17 years** of age an opportunity to improve their swimming skills, receive a basic understanding of water rescue, first aid, beginning and intermediate snorkeling skills and canoeing skills. The cost of the program will include one Junior Lifeguard T-shirt, bus transportation to selected events, materials, and instruction. **Program limited to 20 participants. This program is not eligible for an additional team discount. Check with pool clerk for last day to register.**

# LEARN TO SWIM

## LESSON REGISTRATION

- Pre-registration for the session begins one week prior to the session start date.
- No telephone registration.
- Fees must be paid at the time of registration. **NO EXCEPTIONS.**  
**YOUTH - \$40.00 ADULT – \$50.00**
- Make checks payable to:  
**L.A. CITY DEPARTMENT OF RECREATION AND PARKS**
- No refunds unless a class is canceled.
- Lessons are 25 minutes in length.
- All refunds will be assessed an administration fee.
- Swim instruction will be given from the pool deck.

## LESSONS CATEGORIES & REQUIREMENT

**Parent/Child:** 4 yrs. – 6 yrs. **Children:** 7 yrs. – 17 yrs. **Adult:** 18 & older

**Parent/Child** – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

**Water Confidence (Level 1)** – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

**Beginner (Level 2)** – Learn safety skills including floats and treading water, and progressive skills leading to front crawl including combined arm and leg action.

**Advanced Beginner (Level 3)** – Learn dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, front crawl and elementary backstroke.

**Intermediate (Level 4)** – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

**Swimmer (Level 5)** – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool.

## GROUP LESSONS

### MONDAY - THURDAY

8 Lessons/2 weeks ..... **YOUTH \$40.00**  
 8 Lessons/2 weeks ..... **ADULT \$50.00**

Session # 1 ..... June 18 - June 28  
 Session # 2 ..... July 02 - July 12  
 Session # 3 ..... July 16 - July 26  
 Session # 4 ..... July 30 - Aug 09

### SATURDAY & SUNDAY

Session # 1 ..... June 23 - July 15  
 Session # 2 ..... July 21 - Aug 12

## YOUTH LESSONS

### MORNING

Water Confidence ..... Mon. – Thu..... 10:00 a.m. - 10:25 a.m.  
 Adv. Beginner ..... Mon. – Thu..... 10:00 a.m. - 10:25 a.m.  
 Beginner ..... Mon. – Thu..... 10:30 a.m. - 10:55 a.m.  
 Adv. Beginner ..... Mon. – Thu..... 10:30 a.m. - 10:55 a.m.  
 Preschool Aqua. Lvl 1-3 Mon. – Thu. .... 11:00 a.m. - 11:25 a.m.  
 Adv. Beginner ..... Mon. – Thu..... 11:00 a.m. - 11:25 a.m.  
 Intermediate ..... Mon. – Thu..... 11:30 a.m. - 11:55 a.m.  
 Beginner ..... Mon. – Thu..... 11:30 a.m. - 11:55 a.m.

### EVENING

Adv. Beginner ..... Mon. – Thu. ... 4:00 p.m. - 4:25 p.m.  
 Beginner ..... Mon. – Thu. ... 4:00 p.m. - 4:25 p.m.  
 Intermediate/ Swimmer. Mon. – Thu. ... 4:30 p.m. - 4:55 p.m.  
 Water Confidence ..... Mon. – Thu..... 4:30 p.m. - 4:55 p.m.  
 Beginner ..... Mon. – Thu. ... 5:00 p.m. - 5:25 p.m.  
 Preschool Aqua. Lvl 1-3 Mon. – Thu. ... 5:30 p.m. - 5:55 p.m.

## ADULT LESSONS

Beginner ..... Sat. & Sun..... 11:30 a.m. - 11:55 p.m.  
 Adaptive Aquatics ..... Sat. & Sun..... 11:00 a.m. - 11:25 a.m.